



The Monday Revolution

Revolutionary Reads

Time to Think by Nancy Kline

What is it about?

Nancy Kline's Time to Think is an established classic in the world of coaching. In it she identifies 10 behaviours which form a simple proposition - The Thinking Environment. These behaviours, such as appreciation, equality and attention, can have a transformative impact both in business and our personal lives. At the core of this proposition is the power of concentrated listening. Kline's examples of everyday failings, that we all adopt, are revealing and compel us to admit that we too have unknowingly fallen into the trap of limited thinking and pretend listening. With her helpful step-by-step guide, Kline's approach could have a profound impact on things like building stronger relationships and creating bolder strategies.

What is in it for me?

Time to Think will teach you, with the right discipline and concentration, just how powerful listening can be.

What can I learn?

- The discipline of listening effectively without interruption or judgment
- The value in everyone having time to speak in meetings
- That attention generates thinking
- The 5:1 praise and criticism ratio
- The importance of creating a physical environment that says, 'you matter'

“The most valuable thing we can offer each other is the framework in which to think for ourselves”

Start on Monday

Commit everyone present in meetings to having a set amount of time to give their view as an equal without interruption. This avoids the more outspoken members dominating the meeting and gives the quieter ones the opportunity to contribute.

Join us comrades!

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